

<u>REQUIRED GEAR LIST</u>	
_____ 1 Complete Official Scout Field Uniform - <u>No Neckerchief or Merit Badge Sash</u> (Note 1)	_____ 1 Wrist Watch (no cell phones as timekeeper)
_____ 4 T-shirts (Note 2)	_____ 1 Pencil
_____ 2 Shorts (Note 2)	_____ 1 Toilet kit with Soap, Shampoo, Toothbrush, Toothpaste, Personal Items, etc.
_____ 2 Long Pants or Jeans (Note 2)	_____ 6 Handkerchiefs (or Kleenex)
_____ 1 Visored Cap (Note 3)	_____ 2 Bath Towels
_____ 1 Belt	_____ Hand Towel
_____ 1 Pair Shoes or Boots for Hiking	_____ 1 Personal First Aid Kit
_____ 6 Pair of Socks	_____ Water Bottle/Canteen or Optional Hydration Bladder (Note 8)
_____ 6 Changes of Underwear	_____ 1 Day Pack (Note 8)
_____ 1 Light Weight Long Sleeve Shirt	_____ 1 Large Backpack (Note 7)
_____ 1 Sweatshirt or Jacket	_____ Insect Repellant
_____ 1 Poncho or Raincoat (Note 8)	_____ 1 Scout Handbook
_____ 1 Waterproof Ground Cloth or Tarp (Note 9)	_____ 1 Compass (Note 6)
_____ 1 Sleeping Pad (Note 9)	_____ Medication, if needed (note on Medications and Food Allergies)
_____ 1 Sleeping Bag (20-40 Degrees F) (Note 9)	_____ 1 Pocket Knife - <u>Only if you have earned your Totin' Chip</u> (Note 5)
_____ Sun Screen (Note 3, 8)	_____ Masks (COVID-19 mitigation Addendum)
_____ 1 Flashlight with Batteries (Headlamp is best)	_____ Swimsuit

<u>OPTIONAL LIST</u>	
_____ Bag for Dirty Clothes	_____ Folding Cot (strongly recommended)
_____ Pillow	_____ Battery Lantern
_____ 1 Change of Shoes	_____ Sunglasses
_____ Money for trading post	_____ Anti-chafing powder
_____ Tarp and rope to cover canvas tents, this keeps the tent cooler and prevents leakage	_____ Extra blanket

KNOTS TO PRACTICE BEFORE ARRIVING AT BROWNSEA